

SEVENOAKS TOWN FC CLUB INFORMATION

Chairman and Director: Paul Lansdale Secretary and Director: Sam Lansdale Directors: Kevin Marsh, Ray Miles, Frank Le Siberel.

Committee Members: Shannon Hyner, Dan Thomas, Michael Tapp Match Secretary: As chairman First Team Manager. Harry Hudson Assistant Manager Mark Dacey

First Team Coaches: Dan Hogan, Adam Flemming

Goalkeeper Coaches: Danny Rose,

Julian Leigh
Assistant Goalkeeper Coach: Alex
Crean

Head of Analysis: Kevin Rawlinson Analysts: Max Brandelli, Dan Lambert, Andy Nagy, Sebastian Sainz

Sports therapist: Carly Payne
Kit Man: Billy Thompson
Safety Officer: Ray Miles

Club Welfare Officers: Paul Lansdale, Darren Mace, Sean Jarvis, Shannon

Hyner

Equality and Diversity Officer: Sam

Lansdale

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THE MANAGER: HARRY HUDSON



Good afternoon to you all. Our focus today is once again on the Emirates FA Cup.

Having beaten Lingfield in the previous round we face another Step 5 club in Colliers Wood United.

We have watched them twice in the build-up, and I am sure they will be another team who will be well coached well organised and full of enthusiasm, in fact I expect to see two of our exgraduates from the Kinetic programme included in their squad today.

It's great to be at home but we need to make sure our standards don't slip as they did in the first half of our Velocity Trophy defeat at Sittingbourne on Tuesday night. The players were told in no uncertain terms that was unacceptable.

There were some positives, especially the performance off the bench of Isaac Okello.

He scored two excellent goals and has looked very good in training.

We went into the game on the back of a great opening day victory against Ramsaate.

We deserved the result on the back of hard graft and plenty of hard yards run. It was an intense game and a great advert for Step 4 level. After going 2-0 up Ramsgate came at us in the second half, but we regained momentum thanks to Sol Baugh's third goal, and then Fumnaya Shomotun, who characterised the effort the boys put in by running half the length of the pitch and leaving his marker in his wake to set-up Dan Carr to score the fourth

"We need to make sure our standards don't slip as they did in the first half at Sittingbourne on Tuesday night. The players were told in no uncertain terms that was unacceptable."

Manny Mensah was named the MOM but plenty of others were all in contention. Selection wasn't easy either because of both injuries and unavailability

Rowan Liburd has a calf injury, and Jack Sammoutis picked up a knee problem in training last week, while Sammy Johnson and Dan Bennett were not available.

It was great to see our club captain Corey Holder get through his first game of the season in midweek.

The plan is for him to get more game time elsewhere which we are working on at the moment.

Enjoy the game.

Hárry

THE CHAIRMAN: PAUL LANSDALE

Welcome to you all for this Emiirates FA Cup Preliminary Round tie against Colliers Wood United from the Combined Counties League.

We offer the same to the officials, players and supporters of our visitors in this the first meeting between the two clubs - and to the three officials appointed for the game.

We have been paired against Step 5 opponents in the early rounds in recent seasons and all have proved tough encounters, so I am sure today's tie will be no exception.

It was great to start our Pitching In Isthmian League campaign with victory over Ramsgate last week against a side tipped as pre-season favourites to win the South East Division this season.

A few days previously Sevenoaks Town Council announced that our



ground development plans were going out for public consultation, which is a major step forward in the process - with the deadline for comment being September 15.

Most of you are reading this programme via the digital download issue.

There is a lot of debate surrounding the retention of matchday programmes - but for us at present it is not viable with so many produced last season left unsold.

"Sevenoaks Town
Council announced
that our ground
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the process."

Meanwhile our league game at Ashford United on Saturday week has been brought forward to next Tuesday August 22 and is being played at Chatham Town (kick off 7.45pm).

Defeat for our youngsters in the FA Youth Cup here on Monday - beaten 3-0 by Cray Wanderers - a tough draw against older opponents.

Any replay if required is set to take place Wednesday. Details will be announced over the tannov.

Thanks again for your continued support and wish everyone a safe journey home later.

THE OPPOSITION: COLLIERS WOOD UTD

The club, one of the oldest in the country, and which has now been in existence for 148 years, received a well deserved recognition award from the FA for 125 years of playing football during 2011.

There is a wall memorial at the Surrey FA headquarters in Dorking acknowledging The Wood as the second oldest senior football club in Surrey having been formed in 1874 (four years after Reigate Priory FC).

Collilers Wood United FC was founded way back in 1874 and the early years of their existence were spent in the Wimbledon and Sutton leagues before moving on to the Surrey Intermediate League (Southern Division).

During the late sixties and early seventies, the club were members of the Surrey Senior League for a short time, playing in the newly formed division one where they won the league title in 1969/70. The reserves won their division in 1970/71 going undefeated.

Over the years, "The Wood" have reached a number of Surrey FA Cup Finals. In 1988/89 they lost 1-2 to Bradbank Sports in the Intermediate Cup Final. In 1991/92 they beat Woking & Horsell 4-0 in the final of the same competition. T

he reserves reached the final of the 1988/89 and 1989/90 Lower Junior Cup but were beaten on both occasions

The local recreation ground prevented the progress of the club due to the limited facilities and a search for a new ground was launched. Ad-

equate facilities were found at Wibbandune Sports Ground in 1991 and the ground has steadily improved since then.

2001/2 saw the club enter the Surrey County Senior League where they finished a creditable 5th. The following season, they finished as runners up.

in 2002/3, the league amalgamated with the Combined Counties League and the club were founder members of the new division 1 where they finished as runners up and were promoted to the Premier Division.

They have continued to improve. In 2004/5, they finished 14th of the 24 clubs. The following season, they finished fourth and had a fine FA Vase run, beating Chichester City United, Raynes Park Vale and Greenwich Borough, before losing to VCD Athletic in the 2nd round proper.

In 2006/7 they entered the FA Cup for the first time, defeating Chipstead after a replay before succumbing to Worthing 0-3.

After a brief ground share at Croydon FC, the club moved back to Wibbandune where ground improvements included the addition of excellent flood-lighting, a new covered terrace and a 120 seat stand.

In March 2012, the club added a new away team changing room, new spectator ground lavatories and relaid the entire playing surface including drainage thanks to a £71,000 grant from the Football Association.

They also reached the 2011/12 final of the League Cup at Farnborough FC on 4th May v Guernsey FC in front

of 667 spectators, which they lost 0-2 after extra time, becoming the first club to keep a 90 minute clean sheet against The Islanders. Following a second renovation of the pitch in April, the club returned to Wibbandune in July 2013 and the under 18 youth section was re-started.

In 2014/15, Wood reached the FA Vase 4th round (last 32 nationally) and the Surrey Senior Cup quarter finals for the first time in their history. They reached the final of the League Cup once again in 2014/15 but, once again, they lost in extra time, this time 1-2 to Camberley Town in front of 385 spectators at Woking FC.

On March 8th 2016, the club were awarded the FA Charter Standard accreditation by the Football Asso-

ciation.

The club won the CCL Sportsmanship Award for 2015/16 having received just 32 cautions throughout the season.

In 2016/17, the reserve team won the SSEC Junior League Cup and were runners up in the Surrey FA Junior Cup.

Wood 1st team have reached the Surrey FA Senior Cup quarter finals for only the second time in 2017/18.

In March 2022, our under 18 (west) team were crowned champions of their division as the club looked to move forward and develop their youth football section.

We run teams from under 7 to under 18.

WOOD RECORDS

Record CCL Win

10-0 v Sheerwater (5th November 2022)

Record Other Win

9-2 v Lingfield FC 2014 (FA Vase)

Record CCL Home Attendance

157 versus Cobham FC on Weds 31st August 2022.

Record Overall Home Attendance

288 v AFC Wimbledon (Surrey Senior Cup) 2010

FA Vase Best Season

2014/15 - 4th Round Proper (lost in extra time 2-4 at Ascot United).



ISTHMIAN LEAGUE ROUND-UP

Hythe Town started the new season in the same form as they ended the previous one. The play-off Finalists were irresistible as they swept aside East Grinstead Town with three first half goals, and added a fourth shortly after the break to coast to victory at the coast.

Aaron Barnes scored the opener after two minutes, and Ethan Smith made it two shortly after the half hour. Just before the break it was three, Liam Smith with that one, and Brad Schafer rounded things off to leave the Wasps chasing shadows for the last thirty seven minutes.

Cray Valley PM travelled to **Sittingbourne**, both sides highly fancied for promotion, and they showed why, the Millers departing with victory after a five goal thriller. Lyle Della-Verde opened the scoring for Cray with a twenty sixth minute penalty, and they doubled their advantage just after the restart, Matthew Vigor making it two. That sparked a comeback from the hosts, Josh Osude getting one back on sixty five minutes, and it looked as if Ayman El-Moghaebel had earned them a point with a minute to gobut the Brickies wall was once more demolished just before the end, Adam Coombes earning all three points for the visitors.

Lancing were our only other winners on a day of draws, Henry Micheal Watson with the only goal of the game as they defeated **Merstham** at Culver Road.

Broadbridge Heath must have thought they'd turned defeat into victory as they hosted their first ever Isthmian match, **Sheppey United** the visitors, but in the end they had to be

content with a point. Dan Bradshaw put the Ites ahead on twenty minutes, but eighteen minutes from time Tadley Bromage drew the hosts level, and then with a minute to go Charlie Weller sent them into blue heaven by putting them ahead. Sheppey weren't prepared to accept that blow, however, Frankie Morgan going straight up the other end to level.

Burgess Hill Town looked to have three points in the bag at Herne Bay. The Hillians entered the ninetieth minute two goals up, Lewis Finney on the half hour and Rob O'Toole on the hour leaving them comfortable, but right at the end Bay decided they weren't going to allow the points to slip away, and first Gil Carvalho and then Archie Burnett scored to earn the hosts what had seemed an unlikely point.

Two first half goals put **Three Bridges** in control over newly-promoted **Horndean,** only for a Tommy Scutt double to earn the visitors a point. Billy Irving and Noel Leighton delivered two goals in two minutes for Bridges on twenty seven and twenty eight minutes, Scutt's rescue act beginning in the sixty fifth minute and ending five minutes later.

Phoenix Sports and Chichester City also had to be content with a point each, neither side managing a goal.

In the Sunday matches, **Ashford United** won 1-0 in front of a large crowd at **Erith & Belvedere**, Knight getting the only goal midway through the first half.

And on the Sussex coast a last minute goal from Gaskin gave **Littlehampton** a 2-1 win over **Beckenham Town.**

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Phoenix Sports	0	0	Chic	hester Ci	ty		75			
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FUTURE OF GREATNESS



Sevenoaks Town Council are working to improve amenities for local residents to ensure that they continue to reflect the needs of the community, and are currently looking at Greatness Recreation Ground.

To enable this to be done effectively. we are seeking views of local people to ascertain how people use the facilities and what they would like to see improved in the future.

A key partner in this work is Sevenoaks Town Football Club (STFC). STFC provide competitive and recreational football sessions for over 1000 local residents and also run specific Women, Girls, Inclusive and Walking Football Sessions at the Bourne Stadium, which is located on Mill Lane.

STFC are working with Sevenoaks Town Council to build a new and improved community pavilion (as image shown) as the Stadium which will support football and community provision whilst also freeing up the existing pavilion for alternative community use.

We would be grateful for your opinion as to the future improvements proposed and being considered for the Greatness Recreation Ground facilities.

The survey can be completed online by scanning the QR code, or by filling out a paper copy – available to download and print via the below link, or by picking up

a copy from the Town Council Offices on Bradbourne Vale Road.

Survey download link: https://qrco.de/beDMfc

End date for consultation 15/09/2023
If posting the printed survey, please
post your answers to C/O Georgie Elliston,
Town Council Offices, Bradbourne Vale
Road, TN13 3QG, or email a copy to planning@sevenoakstown.gov.uk.

For further information, please contact: Georgie Elliston (Planning Committee Clerk) Email: planning@sevenoakstown. gov.uk Phone: 01732 459953

Consultation runs in compliance with Sevenoaks Town Council's GDPR Privacy Policy: Find out more at: https://www.sevenoakstown.gov.uk/General_Data_Protection_Regulation_GDPR_21380.aspx





Sevenoaks Town Fixtures & Results 2023-24

KEY:
1 = Goal Scored
1st Player subbed
2nd Player Subbed
3rd Player Subbed
> Sub subbed
= Red Card

+ = Own goal * = Oaks lost 4-3 on pens ISE = Isthmian SE FAC = FA Cup FAT = FA Trophy KSC = Kent Senior Cup TBC = To be confirmed

All Saturday home fixtures kick off at 3pm Wednesday fixtures at 7.30pm unless otherwise stated

DATE Sat 5 Sat 12 Tue 15 Sat 19 Sat 26 Mon 28	V OPPONENT A Lingfield H Ramsgate A Sittingbourne H Colliers Wood U A Ashford United H East Grinstead T	ISE	RES 3-1 4-2 3-3*	ATT 105 257 89	1 Tangara Tangara Tangara	Aboagye Aboagye Aghatise	3 KMN KMN De Sllva	4 Mensah Warren Thompson	5 Bray Bray JHM	6 JHM JHM Holder	7 Shomotun Shomotun Shomotun	Cadogan	9 Liburd Francis Addai	Bennett Mensah Bennett	11 Baugh Baugh Baugh	Sub 1 Carr > De Silva Cadogan	Sub 2 Francis Carr Mensah	Sub 3 Aghatise Okello
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Sevenoaks

SPORT & WELLBEING

Evennedic Sport & Wellbeing magazine is a wellestablished, made-award winning and trusted country publication. It is a visually appending FREE to pick op A4 glossy magazine providing high quality and unique seatest and holds a strong legal following within the local Sevensales District community.

You can pick up your FREE copy lodge in the Soreneska Town FC clubbouse or sign-up to our digital edition value at www.sovenoakssperts.co.uk/ artifications



We are also extremely proud to announce that we are the sponsor of Sevenoaks Town FC's...

MAN OF THE CONTROLL OF THE SEVENOAKS SPORT & WELLBEING

FA CUP FACT FILE

2023-24 Preliminary Round Preview By Phil Annets (Please follow @ FACupFactfile on Twitter)

272 clubs are involved in the FA Cup Preliminary Round as the remaining Step 4 teams join those from Steps 4 to 6 which made it through the Extra Preliminary Round, including FA Cup debutante Okehampton Argyle, the only Step 6 club to definitely be involved in this round so far.

6 other debutant clubs have made it through as well including Wallingford and Crowmarsh who will host Marlow FC, a club from the other end of FA Cup experience spectrum, who are involved in their 142nd campaign and are former Semi-Finalists to boot.

3 clubs have posted their first FA Cup win this season so are involved in this round for the very first time. Darlaston Town are only in their second campaign, but both Lakenheath FC and MK Irish have achieved it at the 3rd attempt.

13 other clubs are equalling their best FA Cup runs by participating in this season's Preliminary Round with West Essex appearing at this stage for the 6th time in their seven campaigns to date.

8 ties will result in the winning club either setting or equalling their best ever FA Cup run to the 1st Qualifying Round.

35 ties involve clubs that have met in the FA Cup before. West Auckland Town versus Shildon FC, Congleton Town versus Witton Albion, and Epson and Ewell versus Metro-



politan Police are all happening for the 7th time, whilst Nantwich Town and Penrith FC have had to wait 57 and 59 years respectively to avenge past Cup defeats against Skelmersdale United and Consett FC.

5 times now Tavistock FC have been drawn to face Barnstaple Town in the FA Cup and the club has every reason to be concerned this time around having lost all four previous Cup encounters between the two clubs, scoring just three goals and conceding twenty-two in the process.

31 ties involve clubs that will meet each other in League action this season with six teams from Northern League Division One and six from Northern Premier League Division One East being the most involved of all the leagues represented.

103 years ago Jump WMC lost 1-0 to Kilnhurst United in a 1920/21 Extra preliminary Round replay and that tie had been, until this season's Preliminary Round where Jersey Bulls take on Knaphill FC, the only instance of a 'J' club facing a 'K' club in FA Cup history!

OAKS ON THE RECORD





When and Where:

Ramsgate - home - Bourne Stadium Pitching In Isthmian League South East

Date: Saturday August 12

Weather: Overcast - with a hint of rain -

sunny at times Result: 4-2 Attendance: 257

Referee: Dennis Torres Miranda (London)
Line-Up: Amadou Tangara, Jerald Aboagye, Karn Miler-Neave, Matthew A Warren,
Rian Bray, Jahmal Howlett-Mundle, Fumnaya Shomotun, Kieran Cadogan (Kyle De
Silva 77 mins), Palace Francis (Dan Carr (86
mins), Emmanuel Mensah, Solomon Baugh.
Subs not used: Jaiden Drake-Thomas, Andrew Norburn, O Jordan Aghatise

Scorers: Emmanuel Mensah (9 mins), Keiran Cadogan (58 mins penalty), Dan Carr (81 mins) Solomon Baugh (90+5 mins). Yellow Cards: Karn Miller-Neave (24 mins), Emmanuel Mensah (78 mins).

Oaks Review:

Two changes from the Lingfield FA Cup win - Rowan Liburd (calf) and Dan Bennett (unavailable) replaced by Palace Francis and Matthew A Warren.

A great opening day win against the pre-season title favourites.

Emmanuel Mensah puts Oaks in front with a deflected effort looping over Rams keeper Tom Hadler.

Costa Rican referee Dennis Torres Miranda, refereeing his first Step 4 match in England - books three players in space of six minutes - Rams Jordan Green and Joe Ellul and Karn Miller-Negve.

Visiting captain Lee Martin hits a free kick against the top of the bar, Mensah goes close, before Palace Francis fires over.

HT: 1-0 (46 mins)

Rams defender Joe Ellul heads wide from Alfie Paxman free kick.

Oaks win a penalty (57 mins) Keiran Cadogan falling under the challenge of defender Dan Johnson - steps up to hit straight down the middle - 2-0 - Martin and keeper Tom Hadler both booked for complaining.

Rams pull one back (73 mins), Paxman curls free kick inside near post 2-1. Martin sees red a minute later after pick-

ing up a second vellow.

The visitors continue to press despite being a man short, and Joe Taylor makes it 2-2 (81 mins) with a close range finish converting low cross from the right. Dan Carr replaces Palace Francis - makes an impact for the second successive game - setting up Solomon Baugh for the third after Karn Miller-Neave's free kick wasn't cleared (88 mins). Fumnaya Shomotun's run and cross from the halfway line sets up Carr to score

the halfway line sets up Carr to score the fourth with almost the last kick of the aame.

FT: 4-2, (90+6).

Reaction: Sol Bauah:

"It was a tough game but I was pleased to score, everyone worked very hard. "It came from Karn Miller-Neave's freekick - he had one a few minutes earlier which dropped into the area where I was, so when he got another I thought if I made the same area, I would have another chance and lucky enough i did. Dan Carr got a flick-on and it dropped to me.

"It's great to be back here - I was thinking about going to university, but in the end it wasn't a difficult decision to make. "Pre-season was great- all the coaching staff helped me get up to speed, and we are very glad to start the league season with a win."

OAKS ON THE RECORD





When and Where:

Sittingbourne - away -Martin & Conley Stadium **Date:** Tuesday August 15 Velocity Trophy: First Round **Weather:** Clear and Dry evening

Result: 3-3: Sittingbourne won 4-3 on pen-

alties

Attendance: 89

Referee: Isaac Searle (Kent)

Line-Up: Amadou Tangara, O Jordan Aghatise, (Jerald Aboagye 58 mins) Kyle De Silva, Ricardo Thompson, (Isaac Okello 58 mins), Jahmal Howlett-Mundle, Corey Holder, Fumnaya Shomotun (Emmanuel Mensah 58 mins) Jaiden Drake-Thomas, Alex Addai (Kieran Cadogan 46 mins), Dan Bennett, Solomon Baugh.

Scorers: Solomon Baugh (12 mins, Isaac Okello 63, 80 mins)

Yellow Cards: Jahmal Howlett-Mundle (90 mins)

Oaks Review:

A much changed line-up with first starts for O Jordan Aghatise, Kyle De Silva, Ricardo Thompson, Jaiden Drake-Thomas and club captain Corey Holder. Palace Francis wasn't risked after suffering a groin problem in the warm up

Alex Addai, a player with league experience with Cheltenham was also included in the first half, while teenager Isaac Okello came off the bench to catch the eye scoring twice as Oaks come from 3-1 down - before losing 4-3 on penalties to exit the competition. Solomon Baugh puts Oaks in front early on - only to concede all three in the space of 14 minutes.

Kyan Gulliver's free kick put the Brickies level, Toch Singh added the second, before Donvieve Jones headed home the third unchallenged following another free kick. Kieran Cadogan replaced Addai at half time, while Okello came on in a triple change just before the hour, and the youngster made an immediate impact. He got the second with a powerful finish with five minutes, and then levelled things with another great strike 10 minutes from time.

Baugh saw his shot blocked by keeper Luke Palmer and then put a another chance over the bar

Palmer was then replaced by first choice Bobby Mason with one eye on the imminent penalties.

He featured prominently in the shootout - saving Cadogan's first spot-kick - the next five were all scored - Okello, De Silva and Sol Baugh hitting the target for Oaks

Bourne's Alfie Bloomfield and Dan Bennett then both missed - the latter seeing his effort bounce off the underside of the bar and stay out - before Jones converted the decider in a lively contest.

Reaction:

Harry Hudson:

"We started very well, but were then really poor, lowered our levels and conceded three incredibly sloppy goals. "A few choice words were said at halftime, about the standards we have as a group which weren't met and was very disappointing.

"We made changes and looked much stronger after that - and I was pleased by the reaction from the boys.

"Isaac has been training with us for a couple of weeks, having been recommended by a contact of Louis Dixon one of our youth team coaches.

"I said in the huddle afterwards that I haven't seen too many better senior debuts than that.

"All credit to him, he made the first goal out of nothing, both were very good let's see what the future holds for him."





PARTNERS WITH ISTHMIAN FOOTBALL LEAGUE















































PARTNERS WITH ISTHMIAN FOOTBALL LEAGUE

SEVENOAKS TOWN FC OFFICIAL PROGRAMME: PAGE 18

RACISM: ZERO TOLERANCE

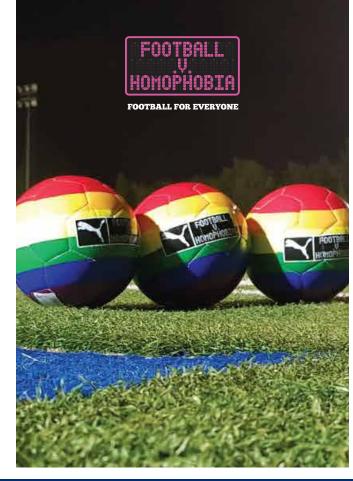
The Isthmian Football League strongly supports the FA statement that there should be a zero-tolerance approach against racism and all forms of discrimination.

Accordingly, any form of discriminatory abuse whether it by reason of age, disability, gender reassignment, race, religion and belief, marriage and civil partnership, pregnancy and maternity, sex and sexual orientation or any other form of abuse will be reported to The Football Association

for action by that Association.

The FA 0800 085 0508 / Kick it Out 020 7253 0162.

The Isthmian League and all Member Clubs in the League are committed to promoting equality by treating people fairly and with respect, by recognising that inequalities may exist, by taking steps to address them and providing access and opportunities for all members of the community."





Ever thought of volunteering to help your local football club?

There are many different volunteer roles in non-league football and Isthmian League football clubs need your help with them.

The Trident Leagues and Pitching In's online Volunteer Hub is the place where you can find opportunities and contact your local football club.

Please visit

Pitchinginvolunteers.co.uk

to find out more













Football Club

Sevenoaks Circuits

For more details contact: Donna on 07730 252228

Tues/Thurs 9am Chipstead Common.

Saturday 8:30am The Vine.

Group sessions, Share as a pair or 1:1 sessions available.







@sevenoakscircuits

THE NEVER ENDING STORY

BARELY 90 minutes (or should that be 110) into the new season and already football has found itself in the centre of a new storm.

Strict instructions from the International Football Association Board (IFAB) to get tough on time wasting and tot up the exact minutes for substitutions, goal celebrations, injuries etc have gone down like a lead balloon among the professional game with stars such as Manchester City's Kevin De Bruyne and Manchester United defender Raphael Varane fearing that player welfare is at risk

In the EFL on the opening day of the season, the average time added on was over 16 minutes, but for National League players, the need for compromise is all the more important.

Clearly unaware of the storm that was to follow, National League clubs voted against increasing the number of substitutes used from three to five in the AGM of 2022, and again this summer. As it stands, Steps 1-4 can only make three changes while Step 5 and 6 clubs are in line with the higher reaches of the game in being allowed five, in three windows.

In retrospect, by voting against an increase in subs, the National League clubs have made their bed, so to speak, but in last Sunday's NLP, Chorley manager Andy Preece, Eastleigh boss Lee Bradbury and Dorking Wanderers striker Jason Prior all expressed the need for a rethink, and the opportunity to vote again – this time with the benefit of hindsight.

"If you're going to play an extra 20 minutes a game then our levels have to wake up," the vastly experienced Preece told us.

"Premier League players are moaning but they've got five subs – we've only got three. I don't get it anyway, but now I really just do not get it. It will lead to injuries. You're going to have to change the way you train so that players last that bit longer.

"But you can't just do that. You've got to have a long-term strategy with planning



through pre-season.

"I just think for this season it could be dangerous for the players and put extra stress on them. With three subs you don't have that chance to take players off and rest.

When it's Saturday-Tuesday, that's when you're going to see the difference. If you're effectively playing another half of football in a few days it's going to take its toll. We've got to change it so that five subs can come on.

"The Premier League lads have got everything at their disposal — sports scientists and all things like that. If they're talking about it and they're worried about it, what chance have we got with only three subs?

"The sooner they look at it and do it, the safer it will be, the better it will be. "It's something that needs to be addressed as quickly as possible. If it's five from five and that helps with budgets then so be it. Ideally it would be five from seven but I just think you need to have five. We have to protect our players." Bradbury's Eastleigh lost points to a late, late Solihull Moors equaliser on the opening day and admits that the added time changes the mindset of a manager in the dugout and his players on the field itself.

"They are trying to make it fair for everyone and for the supporters to see more football, trying to stay a step ahead of the game but where do you stop," Bradbury told us.

"It does affect the way you think a little bit, you no longer just have to get to 90 minutes, you probably have to get to 100 now.

"You are thinking about your substitutions
- when you are bringing them on after
85 minutes they might have 15 minutes
to play so you don't want to make your

changes too early.

"With three substitutions at this level and with the amount of time that we are now likely to see added on, it is hard to get through and we probably need more substitutions. I wouldn't be surprised if most other managers said that. "We would like to be able to make more changes but you have to keep one up your sleeve."

Prior too, has beef with the new rules. Dorking are one of a handful of clubs who operate in the top-flight on a hybrid three-day- a-week training regime, and Prior insists the extra playing time makes it even more difficult for them to compete with the league's full-timers.

"This new added time rule madness needs addressing," the striker said after Wanderers conceded a 99TH MINUTE winner to title favourites Chesterfield on the opening day. "[Playing] 94/95 minutes is hard enough on your body and is what everyone is used to. Twenty minutes added time is a joke. Saturday/Tuesday that could be an extra half of football! "Imagine a cup game with extra time! The people implementing the rules clearly haven't considered the impact on the players and the inevitable higher injury rate. If this is going to carry on, allowing five subs is a must. If it's not broken, don't TRY and

"It's as simple as book anyone at any point in the game for obvious time wasting and go back to normal."

Prior's certainly got a point too. As the row rumbles on at Premier League HQ, there's little thought that has gone into the welfare of players at Steps 1-4 who may find themselves playing an extra half of football a week at times, often after a day's hard graft in their daytime jobs. It's clear a five sub rule

tr's clear a five sub rule will help ease a real dilemma for both player and clubs, and voices such as Preece, Bradbury and Prior need to be heard.

The National League has the power to bring this level of football in line with the rest, if that's what their member clubs desire this time. Whatever they decide, however, it's highly unlikely that the constitution will change mid-season.

That then leaves the onus with the players on the pitch and the matter at hand...timewasting. The IFAB directive has been brought in for a reason so, ultimately this season, players and managers are just going to have to wear it and get on with it!

THERE'S A STAR MAN ...



The West Kent Sport Man of the Match for the Ramsgate game was Mannie Mensah, who received his award from Steve Rowley

Sevenoaks Town

Manager: Harry Hudson Colours: Black/blue shirts. black shorts, black socks





Colliers Wood Utd

Manager: Ben Ewing Colours: All red (away kit)

Amadou Tangara	П	П	Jack Minchin
•	H	H	Steve Newman
Jerald Aboagye	닏	닏	
Karn-Miller Neave		Ш	Kieran Nagle-Kelly
Emmanuel Mensah			Blaze Loyza
Rian Bray			Javuaghny Waugh
Jahmal Howlett-Mundle			Evans Lamboh
Fumnaya Shomotun			Nick Vallejo Usma
Kieran Cadogan			Del Davies
Rowan Liburd			Sekou Fofana
Dan Bennett			Alan Sanchez-Perez
Solomon Baugh			George Harsini
Dan Carr			Ikenna Ogazi
Palace Francis			Matt York
Andrew Norburn			Patrick Murphy
Sammy Johnson			Patrick McKay
Jack Sammoutis			Harlem Bouchez
Jordan Aghatise			Nathan Dilanda
Matt Warren			Ato Okai
Ricardo Thompson			Luke Silavwe

Match Officials: Referee: Bruno Marges Assistants: Daniel Roberts, Liam Attoe Next home match: Monday August 28th, Pitching In Isthmian South East Division Sevenoaks Town v East Grinstead Town, kick-off 3pm









